



celebrating 20 years
SINCE 1989

Hello Everyone,

Run Melbourne presented by The Age, is the community fitness event for everyone. The best part is that anyone, any age, any fitness level can participate.

You can **walk OR run** so grab a group of friends and family and set yourself a 5km, 10km or half marathon challenge and start training.

Not only will you get fit and have a great day out, it is also an opportunity to raise money for Kids Under Cover.

Help us reach our target of **\$120,000** which will provide three bungalows and 20 scholarships for homeless and at risk young people.

Make sure you register for the event and build your hero page to fundraise for Kids Under Cover. To raise \$500 all you need is 25 of your friends and family to donate \$20 each, which they can do online quickly and easily.

Log onto: <http://www.runmelbourne.com.au/home.php> to **register today**.

Do your bit and get fit!

Thank you for making a difference.